



RETIRED

FIRE & POLICE ASSOCIATION

OF SAN DIEGO, INC.

FALL 2026

IN THIS ISSUE

President's Message

News You Can Use

Drop Off

Police Beat

Members News & Info

PRESIDENT'S MESSAGE

Charlie Hogquist



I hope this message finds everyone well. Summer in San Diego can be never-ending, but the calendar says that Summer is ending. As we move into Fall, we have a few dates coming up that you should make note of. On October 14, our annual RFPA Luncheon takes place at the Bali Hai restaurant. Watch your email for more details. Remember: you'll need to make a reservation and pay in advance for this luncheon. Also, this is the event where you can bring a guest but, again, you'll need a reservation. The Police Chief and Fire Chief will be in attendance to make presentations on the status of their respective departments and answer a few questions. Also, the Chief Executive Officer of SDCERS will be on hand to give us an update on the status of the Retirement Trust. He may also drop a hint about the status of the Annual Supplemental Benefit. The 13th check, for you real Oldtimers. Hope to see you all there.

On October 26, City of San Diego Risk Management will be sponsoring the Annual Retiree Health Fair. The

location and times will be announced soon. This event is a great way to learn about your retiree health benefits and make changes, if necessary. There will be opportunities to ask questions of representatives from the different medical providers and for recent retirees a chance to ask questions of fellow retirees. The best part of this event for me is seeing old friends and colleagues and having a chance to catch up and reminisce about the "GOOD OLD DAYS."

RFPA continues to support several charitable endeavors, and your donations make these donations possible. In July, the RFPA presented two scholarships as part of the San Diego Police Officers Association in the Name of Ron Seden. Additionally, the RFPA's contribution to the Scottish Rite Language Center will fund free treatment for a child who suffers from a childhood language disorder. Thank you for your generosity.

Many of our retired colleagues have often told me that they are busier in retirement than when they were

Retired Fire & Police Association

4926 La Cuenta Dr.
SAN DIEGO, CA 92124

PHONE MESSAGE

(760) 448-6946

EDITOR

Tony Hancock

WEBSITE

www.retiredfp.com

WEBMASTER

Jim Caster
Jim@retiredfp.com

PUBLISHER

Lamp Post Publishers

PRESIDENT'S MESSAGE (continued)

working. Many volunteer, travel, spend time with family, and do all those things they couldn't do while working. I find it rewarding seeing how all these people who were part of my past life and career continue to thrive make the world a better place. It encourages me to keep moving forward and trying to make a difference. Thank you.

For those of you who are new to the RFPA, we are a volunteer organization that assists retired firefighters, police officers and lifeguards. We advocate for your benefits with the City of San Diego, lend a hand to the spouses of deceased members in need and sponsor lunch events to keep you informed and connected to your colleagues. Our members share sage advice from their experiences to help us all navigate the pitfalls of retirement, but most of all, we keep the memory of those who passed this way before ALIVE. For the RFPA to thrive and serve you, we need volunteers to assist at events, serve on committees and become part of our governing Board. We meet the first Monday of the month, except August, at the Firefighters Credit Union in Tierrasanta at 0900 hours. Come join us

Hope to see you all at the Bali Hai.

WELCOME NEW MEMBERS

Anna M. Glazewski (P)

Richard McCoy (P)

Kevin Melanson (F)

John P. Morris (P)

Julie Adams (P)

Bret Edwards (P)

Perry McCiver (P)

LIVING TRUST \$895.00

Fire/Law Enforcement Price

In-Home Appointments Available
Includes Wills and Powers of Attorneys



RONALD A. HAUSER

Attorney at Law

(619) 206-3811

(619) 319-5171

PROBATE SERVICES AVAILABLE

THE RETIRED FIRE & POLICE ASSOCIATION FOUNDATION OF SAN DIEGO, CA INC

A CALIFORNIA NON-PROFIT PUBLIC BENEFIT CORPORATION- TAX ID 33-0847533

Your tax deductible contributions help us to continue the charitable work we do within our community. To make a contribution, please make your check payable to: **RFPA Foundation**. If you wish your donation to be earmarked for Hand-in-Hand, make that notation on the memo line of your check. Almost all of the donations we make go to support Police, Fire and Lifeguard causes and to help our brothers and sisters in their time of need.

For a list of "Frequently Asked Questions," go to the website and click on the FOUNDATION tab. 100% of all donations go to those in need.

MEMBERSHIP NEWS & INFO

Total Membership - 2,225

RFPA WEBSITE:

www.retiredfp.com is continually updated and is much easier to navigate. We recently added an area to post announcements, business ads and items for sale. Check it regularly for new postings on the homepage calendar.

ONLINE ROSTER:

www.roster.retiredfp.com

You will be asked to enter a "new" **User Name** and **Password** the first time you access this site. Or, access the roster from the website.

WEBMASTER:

Jim Caster at jim@retiredfp.com

TO CHANGE YOUR ADDRESS OR PHONE NUMBER:

Go to the RFPA Website (click: Contact Us)
or contact Kathy Healey, Secretary, at
retiredfp.police@gmail.com - or - 858-442-1475

TO PUBLISH INFORMATION IN THIS NEWSLETTER:

Please contact Tony Hancock at
thancock1625@gmail.com
- or - 760-943-7351.

Tony Hancock

Summer is almost over, and I hope many of you had the opportunity to enjoy some of the finest beach weather and highest ocean water temperatures I have seen in many years. In June, my wife and I went with my son and his family on an Alaskan cruise that left out of Seattle. We had planned this well over a year ago. It never crossed my mind that the FIFA World Cup would be going on at the same time we were in Seattle. Hotel room rates, food and just about everything else cost a small fortune. I even saw gas prices at \$5.39 a gallon. SEATAC airport was more crowded than any airport I have ever been in. Lesson learned.

In late July, SDCERS sent letters to about 600 retirees called the "Confirmation of Life Program." The purpose of the letter was to encourage the recipient to fill out an affidavit attesting that they were still alive. At the top of these letters was a notation that failure to return said affidavit could mean the withholding of continued retiree benefit payments. Although that letter was not intended to be a threat to the retiree, that's how some retirees construed it. The reason this came about was that over the years, and due to a retiree family's failure to report their death, SDCERS was continuing to make full retirement payments to a deceased retiree. Often the attempt to recover the overpaid funds—with interest—caused an undue hardship on the retiree's

estate. SDCERS felt it was better to get ahead of this and encourage compliance. It is my feeling that this could have been handled with a little more clarity, and by notifying the RFPA and the REA ahead of time. In some form or another, I feel that this program is going to be an annual occurrence. If it does, let's hope it works out better in the future.

The Retiree Health Fair and SDCERS Annual Meeting will be held at the Balboa Park Club Ballroom (same place as always) on Monday, October 26. The 2027 Open Enrollment dates are October 27 thru November 24. The big issue, and a concern for many prospective attendees, is going to be parking. The City's rollback of parking fees does not take place until January. In the parking lot closest to the Balboa Park Club (Palisades lot), this means "verified" city residents can park for free, but non-City residents will have to pay \$10/day. Not sure where a cheaper rate would be for non-City residents. For more in-depth information on parking, go to sandiego.gov/parking/balboapark and click on "Parking information for Balboa Park." FYI: there will be no changes to the Health Plans offered by the city to retirees in the coming year.

In January, the RFPA will be holding elections for its board of directors. Five of the 10 officers—two Fire and three Police—will be up for election. Terms run for two

years. Everyone should take note here that four of your current Fire directors are all in their 80s, and three of us have been on the board for more than 20 years. Come on people, it's time for some new blood. Board member Tom Rouse, whose term will be up and who now lives in Nevada, has stated he will not be running again. Terms for me, Ron Moskowitz and Mike Robert come up for election next year. I would also like to step back. Between us, Ron Moskowitz and I have served as President a total of five times. We've all enjoyed serving on the board and, even though it is a bit of work sometimes, it is also very rewarding. If you, or anyone else you know, might be interested in serving, please give it some consideration. I would be more than happy to share any particulars or offer some encouragement.

The RFPA is considering suspending the printing and mailing of our quarterly newsletter. As of mid-August, we had 2,225 total members. Of that number, we are printing and mailing out 214 copies of the newsletter at a cost of \$4.75/ea. This is a big expense for those few people who receive a printed copy and actually take the time to read it. Anyone with a computer can access the newsletter on our website at retiredfp.com. And if by chance you are one of those who receives a printed copy and you don't want or need it, please let us know.

DROP OFF

Tom Rouse

I'm looking forward to Fall and cooler days. It's been a long, hot, dry, and windy Summer in Nevada. We have been lucky when it came to wildland fires, as most of them have been north of Reno with the wind carrying the smoke away from those of us that live in the Carson Valley. Watching the news videos of these fires reminds us of how good it is to be retired and not have to fight wildland fires. That's a job for the younger generation of Firefighters. O.K. I know that some of you loved going on strike teams. The paycheck at the end of the month made up for the heat, smoke, lack of sleep, aches and pains, for you. To each his own.

At the time of this writing, we had some late notifications of a couple Brothers who answered their

Last Alarms back in 2025. The first of these was the death of retired Firefighter David E. Johnson, who answered his Last Alarm on May 22, 2025. David was hired by the San Diego City Fire Department on October 30, 1959. David left the Fire Department after seven years of service on May 2, 1966. After leaving the Fire Department, David worked for the San Diego County Sheriff's Department as an arson investigator. Firefighter Johnson was 90 years old.

The next Brother answered his Last Alarm on December 30, 2025: Retired Captain Ronald Ogden. Ron was a veteran and served in the U.S. Army before he was hired by the San Diego City Fire Department as a firefighter on February 13, 1958.

He was promoted to Fire Engineer on January 1, 1967 and to Fire Captain on July 25, 1970. Captain Ogden retired on October 18, 1975 after 17 years of dedicated service to the citizens of San Diego. Captain Ogden was 93 years old.

The next Brother to answer their Last Alarm was retired Captain John Langford, who passed away on July 25, 2026. The San Diego Fire Department hired John on March 30, 1984. He was promoted to Fire Engineer on August 4, 1990, and to Fire Captain on February 9, 2008. Captain Langford retired from the San Diego Fire Department on December 19, 2014 after serving the citizens of San Diego for more the 30 years. John was 70 years old.



Great News for RFPA Members!

If you're a member of the RFPA, including SDPD retirees,
you're eligible to join our credit union
and enjoy all the exclusive benefits we offer —



Open YOUR account TODAY and reap all the benefits we offer you!
Call us today at 619-283-5477 or see us online at www.sdffcu.org

Now let us continue to 2026. Engineer Mark Navarro passed away on June 7, 2026. Mark was hired by the San Diego City Fire Department on October 7, 1996. He was promoted to Fire Engineer on October 3, 2009. Mark retired from the Fire Department on June 2, 2015, with 18 years of dedicated service to the citizens of San Diego. Engineer Navarro was 62 years old.

Retired Firefighter Juan Furler answered his Last Alarm on July 10, 2026. Juan was a veteran who served in the U. S. Army before being hired by the San Diego City Fire Department (no date available). He retired from the Fire Department on July 29, 2005. Firefighter Furler served the citizens of San Diego for 26 years. He was 79 years old.

The last Brother to answer his Last Alarm was Retired Fire Chief Robert Osby, who passed on July 30, 2026. Chief Osby began his career with the San Diego Fire Department on April 16, 1959, as a Firefighter. He was promoted to Fire Engineer on January 26, 1968, Fire Captain on July 23, 1971, and to Battalion Chief on May 7, 1976. He left the San Diego City Fire Department in 1979. He served as Fire Chief of Inglewood City for five years and then took on the fire chief's position for the City of San Jose, where he served until 1992. He returned to the San Diego Fire Department on December 21, 1992 as the Fire Chief. Chief Osby officially retired on April 1, 2002, with more than 40 years of service to the citizens of San Diego. Chief Osby was 88 years old. As always, we would ask you to remember the families and loved ones in your thoughts and prayers.

In closing, I would like to thank those of you that attended the Lake Tahoe Exacta this past August. There were 28 of us at Dean and Tee Cherry's house on the north end of beautiful Lake Tahoe. The next day, we all gathered at the fabulous ranch home of Bill and Marriann Middleton in the picture-perfect Carson Valley. We had a great time, and the weather put on a spectacular show of lightning and rain for about an hour. Thanks so much to the Cherrys and Middletons for making it happen.

There is another great event that is coming soon. It happens every October and, if you have never been to it, you owe yourself a treat and attend it this year. Of course, I'm referring to the Annual San Diego Retired Fire and Police Association Luncheon at the Bali Hai on Shelter Island. This year it will be held on Wednesday, October 14. Look for RSVP information in this newsletter. Remember the song by Alan Jackson: "The Older I Get, The Fewer Friends I Got." It could be the last time you see them. See you in October.

RETIRED FIRE & POLICE ASSOCIATION OF SAN DIEGO

MEETING MINUTES

QUARTERLY LUNCHEON MEETING

July 13, 2026 at 11:00 AM

Holy Trinity Church

ROLL CALL OF OFFICERS:

Charlie Hogquist, Pres. Arnie Garcia, Director
Ron Moskowitz, VP (exc.) Larry Hall, Director
Kathy Healey, Secretary Tony Hancock, Director
Mike Robert, Treasurer Jim Kistner, Director
Garry Collins, Director Tom Rouse, Director (exc.)

WELCOME: Charlie Hogquist

INVOCATION/BLESSING: Charlie Hogquist

PLEDGE OF ALLEGIANCE: Charlie Hogquist

OFFICERS REPORTS:

President: No report

Vice President: No report

Secretary: No report

Treasurer: No report

GUEST SPEAKER:

Rebecca Hannibal from financial services discussed wills and trusts, other retirement issues.

PD Chief Scott Wahl greeted the audience.

RAFFLE: Moskowitz, Nunez, Kistner, Hall, Hancock

NEXT QUARTERLY LUNCHEON: Oct. 14, 2026

ADJOURNMENT TO LUNCH: 11:30 AM

Lunch provided by Los Chuchys

Kathy Healey

I hope everyone had a wonderful summer. Now that Fall is here, remember that the Open Enrollment period is coming up. Open Enrollment will begin on October 27 and end November 24. The early start prevents enrollment from running into the holidays. Since October will be here before you know it, please start thinking about your choices. The 2026 Open Enrollment booklet is available online at the SDCERS website for your perusal so you can get a head start before your hard copy arrives in the mail. You will be happy to know there will be no changes in medical coverage this year (other than the price, of course).

Our RFPA members also enjoy the benefits offered by SDPEBA (San Diego Public Employees' Benefits Association). SDPEBA offers an array of benefits from medical coverage to pet insurance. If you go to sdpeba.org and click on the "City Employees" tab, you can determine if there are any benefits there that work for you. SDPEBA benefits are part of your RFPA membership.

This year's Retiree Health Fair is expected to take place at the Balboa

Park Club Ballroom on October 26. If you are a recent retiree, be sure to register your online account with sdretireehealth.com. They handle all our medical benefits now, so don't send any change of medical benefits forms or other medical benefits inquiries to SDCERS. If you have questions about medical coverage, you can call them at (855) 380-5898 or send them a message through their portal. I have used the portal several times and found them to be very responsive.

Care Counsel can also answer questions about your coverage or making a change this enrollment period. Care Counsel can be reached at (888) 227-3334, or you can call the medical provider directly at their Customer Service number. Care Counsel is familiar with all the health plans and prescription formularies, plus has knowledgeable representatives who can assist you throughout the year. I have used them when trying to decide about the best coverage and found them helpful and professional. They can also act as your liaison between your medical group and insurance if any problems arise. Keep these

numbers handy for use throughout the year.

The estate of retired SD Police Lt. Ron Seden made a generous donation to the RFPA. Our board decided to utilize some of these funds to create the Lt. Ron Seden Memorial Scholarship, to be given along with the other scholarships offered to graduating high school students through the POA. Lucas Levenberg and Santana Moncrief were the recipients of this year's new scholarship.

Remembrance Day will be March 21, 2027 to honor the retirees who passed away in 2026. As always it will be held at the El Camino Mortuary Police & Fire area. Please think about coming out to support the families of those who served SDPD, SDFD and SD Lifeguards.

Our October Luncheon will again be at the Bali Hai on October 14, 2026, at 1100 hours. This is the one luncheon each year where our significant others are allowed to attend, and we offer a special menu at a greatly reduced cost. The Chiefs from Police, Fire and Lifeguard come out to speak and are also joined by SDCERS staff. This is

IMPORTANT INFORMATION REGARDING DEATH BENEFITS & BENEFICIARIES:

It is extremely important that you keep your beneficiary information current with SDCERS to avoid delays in receiving benefits intended for spouses and family members. Updated information (as of June 2019) regarding "Death Benefits for City of San Diego Members, Survivors & Beneficiaries" is now available on the SDCERS website at www.sdcers.org. Go to **RESOURCES** on the top of the home page and click on **DEATH BENEFITS**.

our most well-attended luncheon, so don't miss it! More information about ticket prices and such will be forthcoming soon.

We are planning our next "Range" luncheon in January 2027 at the Holy Trinity Church Hall at 405 Ballard Street in El Cajon. This is the luncheon where the RFPA board members are elected (or in most cases re-elected) by the membership. Your attendance would be appreciated as we vote in board members.

This past quarter was a tough one for our PD retirees. Please note that I always post emails when we lose one of our own and when (or if) there are services held for our retirees. I send these out several times, and post the information via Facebook on the SDPD Retiree page. Should you need to double-check the details of date, time, and place, go to our website at retiredfp.com and click on the calendar. All services and special events are posted there.

This quarter, we lost several respected fellow retirees, including Commander Larry Gore, Det. Roger McNeill, Sgt. Bill Rice, Jr., Officer Ed Van Laningham, Asst. Chief John Welter, Det. Stephen Chivers, Officer Bob Beasley, and Officer Ray Van Deweghe. May they rest in peace.

As they say, life is short. Cherish your well-deserved retirement and know just how fortunate we are to continue to enjoy our families and friends!

HELPFUL INFORMATION

QUESTIONS FOR ANY BOARD MEMBER

A list of all board members appears on the website. Under the ASSOCIATION tab, click Board of Directors to see their email address and phone number.

EMAIL UPDATES

If you have email access and you aren't receiving email notification of SDCERS/City issues, retirement and party announcements, death and funeral notices, etc., you can get on the email list by contacting: **Tony Hancock** for **FD & Lifeguards** at thancock1625@gmail.com or **Kathy Healey** for **PD** at retiredfp.police@gmail.com.

THE BADGE & THE BOTTLE

In need of help? The **Public Safety Fellowship** can help. San Diego County public safety agencies created a fellowship in the hope of assisting our professional community in the area of alcohol dependence. Our fellowship is free of charge and independent of any other agency. Hiding or ignoring the problem will not make it disappear. Our meetings are available to all sworn Fire, Police and Lifeguards – active, retired, or former. We meet on Tuesdays at 7:00 PM. For more information and *confidential assistance*, please contact Steve @ **858-337-9771**.

HAND-IN-HAND—Family Support Services

A group of dedicated, compassionate volunteers that came together out of mutual respect and concern for Fire, Police and Lifeguard families. Hand-In-Hand works directly with the spouses and families of retired Safety Officers after the loss of a loved one. We provide spouses and families in crisis with empathy, support, and practical resources to ease the bereavement process and the transition to independence. **Contact:** Pat Nunez at patnunez@cox.net or (760) 805-2237.

CARE-COUNSEL

CARE-COUNSEL is a health care assistance program providing health care education, information, advocacy, and coaching in an independent and confidential manner. Services are available to all retirees at no cost. They can be reached at **888-227-3334** or on the web at www.carecounsel.com.

HEALTH & SAFETY FOR RETIREES

(from the San Diego Fire-Rescue Health & Safety Office)

Retiree benefits: Our contract is with Focus Psychological Services for active & retired SDFD only and your families in the home. We have Retiree Peers on the team available to talk, vent or just get information. We also have Chaplains available.

To reach these services:

Call toll free: 833-SDFD-HSO (833-733-3476)

Website (SDFD/SDPD): sandiego.gov/fd-pd-wellness

Password: support

*For Retired SDPD: the Health & Safety Office has assisted officers and we work closely with SDPD Wellness Division. We will help put you in contact with the right people that can help.

COPLINE

International Law Enforcement Hotline available 24/7
1-800-COPLINE (800-267-5463)

Our mission is to make available our resource on an international level so that officers from all law enforcement branches (city, state, federal) have a resource and outlet that they can turn to in times of need. We firmly believe that maintaining one's anonymity and confidentiality are essential in providing an environment for officers to reach out for help. CopLine volunteers conduct themselves in a manner that reflects the highest level of honor and integrity.



RETIRED FIRE & POLICE ASSOCIATION
4926 LA CUENTA DRIVE
SAN DIEGO, CA 92124

ADDRESS SERVICE REQUESTED

RETIRED FIRE & POLICE ASSOCIATION

QUARTERLY LUNCHEON

Wednesday, October 14, 2026 – Doors open at 11:00am
Buffet-style lunch served at noon • A no-host bar will be available

BALI HAI RESTAURANT
2230 Shelter Island Dr., San Diego, CA 92106

Guest Speakers • 50/50 Drawing

COST: \$10/Person – RSVP "WITH A CHECK" payable to "RFPA"
(Please send the names of those who will be attending / who you are paying for)

Your check must reach us not later than Monday, October 5 to: Jim Kistner • 6824 Lazy Clouds Pt. • San Diego, CA 92120

NO CHARGE FOR WIDOWS • Meals cannot be guaranteed for walk-ins.
\$20/person at the door • Members, spouses and significant others only, please.

Questions: Contact JIM KISTNER at pdjim61@gmail.com – or – 619.757.3810

If you need to cancel your reservation, please contact Jim prior to Tuesday, October 6.